



Signs and Symptoms of Chemical Abuse or Dependency

- Recurrent and significant negative consequences related to the substance of choice
- Failure to fulfill obligations at work, school or home
- Using the substance in harmful or dangerous situations
- Legal problems related to the substance use
- Recurrent or persistent social or interpersonal problems
- Blackouts, loss of time and memory
- Sneaking and using, lying about use
- Loss of interest in others and self
- Inability to discuss the problem and persistent blaming of others
- Increased tolerance for the substance -- a need to increase the amount of the substance used in order to achieve the desired effect OR the significant decrease of the effect with continued use of the same amount of the substance
- The same or related substance is taken to relieve or avoid withdrawal
- The substance is often taken in larger amounts or for longer periods than was intended
- Desire, with unsuccessful attempts, to cut down or stop use

Call 828-254-2700 or toll free 877-678-2696. We're here to help.